

Hemet Unified School District Approved Food List – Smart Snacks

USDA’s Smart Snacks in school standards are practical, science-based nutrition standards for all foods and beverages sold or served to students during the school day. The new rule went into effect July 1, 2014 and merges the previous California Nutrition Standards.

The following list is of foods and beverages that meet the standards for K-12. This list is **not all inclusive**, additional items may be used if identified to be compliant by the quick reference cards. Alternative items may be available at different stores. Manufactures’ ingredients and distribution change frequently.

If you have additional questions, please contact the Nutrition Services Department (951) 765-5100 ext 5310.

Applesauce/Fruit Cups/Fruit Snacks

Manufacturer	Name/Description	Serving Size	Wal-Mart	Costco
All Brands	Dried Fruit with No Added Sugar	¼ cup	X	X
All Brands	Fresh Fruit and vegetables- Individual Bags or Platters	½ cup	X	X
All Brands	Individual Fruit Cups in Water or Natural Juices	½ cup	X	X
Andros	Fruit Me Up Pouches- All Flavors	1 pouch (133g)		
Brother’s	All Natural Fruit Crisps	1 bag	X	X
Buddy Fruits	100% Fruit Snack Squeeze Pouch- All flavors	1 pouch (90g)	X	
Buddy Fruits	Pure Fruit Jiggle Gel	1 pouch (3.2oz)	X	
Chiquita	Fruit Chips 100% Fruit Freeze Dried- All flavors	1 pouch (30g)	X	
Clif	Organic Twisted Fruit- All Flavors	1 twist (20g)	X	
Crunchies	Freeze Dried Fruit- All Flavors	¼ cup	X	
Crunch Pak	Dipper Fruit Packs- All Flavors	1 container (2.75oz)	X	
Del Monte	Fruit Cups No Sugar Added- All Flavors	1 cup (106g)	X	
Del Monte	Fruit Naturals No Sugar Added	1 container (1 cup)	X	
Del Monte	Fruit Burst Pouch- All Flavors	1 pouch (90g)		
Disney	Fruit Crisps Freeze Dried Fruit Slices- All Flavors	1 bag (7g)	X	
Dole	Fruit Cups in 100% Juice- All Flavors	1 container (113g)	X	
Dole	Fruit Squish’ems	1 pouch	X	
Earth’s Best	Organic Applesauce- Cinnamon	1 cup (113g)	X	
Earth’s Best	Organic Applesauce- Original	1 cup (113g)	X	
Earthbound Farm	Organic Raisins	1 box (43g)		
Go Go Squeez	Go Go Squeez Applesauce Pouches	1 pouch (90g)		
Great Value	All Natural No Sugar Added Applesauce- Individual Cups	4oz unit (113g)	X	
Great Value	Dried Apricots	7 pieces	X	

Great Value	No Sugar Added Fruit Cups- Peaches	1 bowl (108g)	X	
Great Value	Unsweetened Applesauce	½ cup	X	
Happy Squeeze	Fruit & Veggie TWIST Pouch- All Flavors	1 pouch (99g)	X	
Kirkland	Real Sliced Fruit- Freeze Dried-Individual Bags	1 bag		X
Kirkland	Sunsweet Dried Apricots	About 6		X
Kirkland	Sunsweet Dried Plums	About 6		X
Kroger	Applesauce- No Sugar Added	1 container (4 oz.)		
Kroger	Seedless Raisins	1 box (1oz)		
Materne	Go Go Squeeze- All Flavors	1 pouch (90g)		X
Motts	Applesauce Snack & Go- All Flavors	1 pouch (90g)	X	
Motts	Healthy Harvest No Added Sugar- Country Berry, Peach Medley & Summer Strawberry	1 cup (113g)	X	
Motts	Motts Medley's Fruit & Veggie Snack	1 cup (111g)		
Motts	Natural Apple Sauce	1 cup (111g)	X	
O Organics	Raisins	1 box (1oz)		
Peter Rabbit Organics	100% Pure Fruit Snacks Pouch – All flavors	1 pouch (4 oz)		
Peter Rabbit Organics	100% Veg & Fruit Puree Pouch	1 pouch (4.4 oz)		
Plum Kids	Organic Mashups- All Flavors	1 pouch (90g)		
Plum Kids	Organic Slam Dunk- Fruit & Veggie Dip-All Flavors	1Pack (52g)		
Safeway	Raisins	1 box (1oz)		
Safeway	Realfruit Squeezable Sauce Pouch	1 pouch (90g)		
Smuckers	Fruit Fulls- Pure Blended Fruit	1 pouch (4 oz)		
Sunmaid	Raisins	1 box (42.5g)	X	X
Tree Top	All Flavor Pouches	1 pouch (26g)		
Tree Top	No Sugar Added Natural Apple Sauce- Individual Cups	1 unit (113g)	X	X

Chips/Pretzels/Popcorn/Corn Nuts

Manufacturer	Name/Description	Serving Size	Wal-Mart	Costco
Act II	Bags 94% Fat Free Butter Popcorn	6.5 cups popped	X	
Blue Diamond	Almonds Whole Natural – Grab & Go bags	1 bag (1 oz)		
Corn Nuts	Original, Ranch, Chile Picante	1 package (1/3 cup)	X	

Corn Nuts	Variety Pack	1 package (1/3 cup)		X
David	Original Sunflower Seeds	1 bag (1.75 oz.)		
Emerald	100 calorie Packs- Natural Almonds	1 bag (18g)		
Frito Lay	Baked! Cheetos – Regular and Flamin’ Hot	.875 oz.		
Frito Lay	Cheetos, Fantastix Chili Cheese Chips	1 oz		
Frito Lay	Cheetos, Fantastix Flamin' Hot Chips	1 oz		
Frito Lay	Cheetos, Oven Baked Flamin' Hot Chips	7/8 oz		
Frito Lay	Doritos, Reduced Fat: Cool Ranch or Nacho Cheese	1 oz		
Frito Lay	Oven Baked Lays	1 1/8 oz		
General Mills	Chex Mix- Traditional Sweet n Salty, Trail Mix, Caramel Crunch	½ cup	X	
General Mills	Chex Mix Snack Mix- Individual Snack Bags Traditional, Sweet n Salty, Trail Mix	1 pouch (.82oz)		
Jolly Time	Healthy Pop Butter 94% Fat Free- 100 Calorie Pack	1 package		
Jolly Time	Healthy Pop 94% Fat Free Microwave Popcorn	2 cups popped		
Lays	Baked Doritos Brand Nacho Cheese Flavored Tortilla Chips	15 chips (1oz)	X	
Lays	Baked Potato Chips- BBQ, Cheddar & Sour Cream, Original, Sour Cream & Onion	1oz		
Lays	Baked Ruffles Potato Chips	9 crisps (1oz)	X	
Pepperidge Farm	Whole Grain Goldfish - Baked Cheddar or Pretzel only	0.75 oz		
Pirate's Booty	Pirates Booty - Aged White Cheddar	0.75- 1 oz		
Planters	1oz Single Serve Salted Cashews	1 bag (1 oz)		
Planters	1oz Single Serve Salted Peanuts	1 bag (1oz)		
Popchips	Pop Chips - Barbeque, sour cream & onion, sea salt only	0.8 oz		
Popcorn Indiana	Kettle Corn, Sweet & Salty	1 oz		
Popcorners	Corn chips- cheddar, carnival kettle, sea salt	1 oz		
Popcorners	Sweet Cinnamon, Memphis BBQ	1 package (28g)		
Smart Balance	Smart N’ Healthy Popcorn	4 cups popped		
Smart Food	Smart Food Delight Popcorn- Sea Salt or White Cheddar	1 cup		
Quaker	Popper Rice Snacks - Apple Cinnamon or Chocolate only	1 oz	x	
Quaker	Rice Cakes- All Flavors	1 Cake	X	
Tostitos	Baked Tortilla Scoops- Light Tortilla Chips	16 chips (28g)	X	
Wholesome Goodness	Tortilla Chips- Sea Salt or Multigrain Flax	8 chips		

Wonderful	Pistachios	1 bag (1.5 oz.)		
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Crackers and Grahams

Manufacturer	Name/Description	Serving Size	Wal-Mart	Costco
Annie's	Homegrown Bunny Grahams- Honey, Chocolate Chip, Chocolate	About 28 cookies (30g)	X	
Crunchmaster	Grammy Crisps- Cinnamon Sugar	25 crackers	X	
Crunchmaster	Multi-seed- Five Seed	14 crackers		X
Homekist	Honey graham Crackers	2 full cracker sheets	X	
Kashi	Snack Crackers- Not Cheddar	15 crackers		
Kashi	Soft Baked Cookies- All Flavors	1 cookie (30g)		
Kellogg's	Rice Krispy Squares, Whole Grain only	1.41 oz		
Kellogg's	Special K Cracker Chips- Individual Bags	1 package	X	
Kellogg's	Special K Cracker Chips- Sea Salt, Sour Cream & Onion, Southwest Ranch, Cheddar	27-30 chips (30g)	X	
Nabisco	100 Calorie Packs- Mini Teddy Grahams	1 package (22g)	X	
Nabisco	100 Calorie Packs- Sweet & Salty	1 package (22g)	X	
Nabisco	100 Calorie Packs- Wheat Thins Toasted Chips	1 package (22g)	X	
Nabisco	BelVita Soft Baked Cookie- Chocolate, Banana, Berry	1 cookie		X
Nabisco	BelVita Soft Baked Cookie - Oats & Chocolate, Banana Bread, Mixed Berry, or Cinnamon	1 cookie		X
Nabisco	Honey Maid Grahamfuls- All Flavors	1 pack (25g)	X	
Nabisco	Honey Maid Grahams	8 crackers (2 full sheets)	X	X
Nabisco	Honey Maid Lil'Squares- Cinnamon	29 pieces	X	
Nabisco	Honey Maid Minions Honey Grahams	1 bag (28g)		
Nabisco	100 Calorie Packs-Mini Teddy Grahams	1 package (22g)		
Nabisco	100 Calorie Packs – Sweet and Salty	1 package (22g)		
Nabisco	Teddy Grahams- Honey, Cinnamon, Chocolate, Chocolate Chips	24 pieces	X	
Nabisco	Teddy Grahams Multipacks - Chocolate, Cinnamon, or Honey	1 pouch (28g)		
Nabisco	Teddy Grahams 150 Calorie Pouches-Chocolate, Cinnamon, & Honey	1 pouch (35g)	X	
Nabisco	Triscuit- All Flavors	About 6 crackers	X	
Nabisco	Triscuit Thin Crisps- All Flavors	About 15 crackers	X	
Nabisco	Wheat Thins- Original, Reduced Fat, Multigrain, Toasted Chips	About 14 pieces (1oz)	X	

Nabisco	Wheat Thins Toasted Chips- Garden Valley Vegetable, Great Plains Multigrain	13 chips (28g)	X	
Pepperidge Farm	Baked Naturals Cracker Chips- Multigrain only	27 pieces (30g)	X	

Bagels

Manufacturer	Name/Description	Serving Size	Wal-Mart	Costco
Sara Lee's	Soft & Smooth Mini Bagels- Whole Grain, Cinnamon	1 bagel (37g)	X	
Thomas	Bagel Thins- 100% Whole Wheat, Everything, Plain	1 bagel (46g)	X	

Beverages

Manufacturer	Name/Description	Serving Size (Elementary)	Serving Size (Middle/ High)	Wal-Mart	Costco
Campbell's	V-8 Fusion- Individual Pouches- All Flavors	1 pouch	1 pouch	X	
Campbell's	V-8 Fusion Refreshers	≤ 8 fl oz.	≤ 12 fl oz.	X	
Campbell's	V-8 Fusion- Strawberry Banana, Peach Mangy, Pomegranate Blueberry, Tropical Orange	≤ 8 fl oz.	≤ 12 fl oz.	X	X
Campbell's	V-8- Spicy Hot, Low Sodium or Regular	≤ 8 fl oz.	≤ 12 fl oz.	X	X
Capri Sun	Fruit Waves- 100% Juice- All Flavors	1 pouch (6.75 oz)	1 pouch (6.75 oz)		X
Capri Sun	100% Juice Pouches- All Flavors	1 pouch (6.75 oz)	1 pouch (6.75 oz)	X	
Capri Sun	Super V- Fruit & Vegetable Drink	1 pouch (6 oz)	1 pouch (6 oz)		
Coca Cola	Powerade Zero – All Flavors	N/A	12 fl oz		
Dole	100% Pineapple Juice	≤ 8 fl oz.	≤ 12 fl oz.	X	
Florida's Natural	100% Fruit Juices- All Flavors	≤ 8 fl oz.	≤ 12 fl oz.		
Fruit Wave	Fruit H2O Flavored Water - Green Apple or Kiwi Watermelon only	N/A	12 fl oz		
Gatorade	Gatorade, G2 low calorie: Fruit Punch, Glacier Freeze, or Mixed Berry	N/A	12 fl oz		
Great Value	100% Juice (Apple, Cranberry, Grape)	≤ 8 fl oz.	≤ 12 fl oz.	X	
Great Value	Vegetable Juice from Concentrate (100% Juice)	≤ 8 fl oz.	≤ 12 fl oz.	X	
Horizon	Organic Milk- Lowfat- All Flavors	≤ 8 fl oz.	≤ 12 fl oz.	X	
Juicy Juice	Fruitfuls- All Flavors	6.75 fl oz.	6.75 fl oz.		
Juicy Juice	100% Juice – Berry, Grape, Punch, Strawberry Banana, White Grape	8 fl oz. or less	8 fl oz. or less		
Kirkland	Hansen 100% Juice Variety	6.75 fl oz.	6.75 fl oz.		X
Kirkland	100% Juice- Pomegranate, Cranberry/Raspberry, Pomegranate/Blueberry, Cranberry/Grape	≤ 8 fl oz.	≤ 12 fl oz.		X
Kraft	Capri Sun 100% juice blend - Fruit Punch, Apple Splash, or Berry Breeze	6.75 fl oz	6.75 fl oz.		

Kroger	100% Extreme 100% Juice – Apple, Fruit Punch, Grape	1 pouch (6.75 fl. oz.)	1 pouch (6.75 fl. oz.)		
Langer's	100% Juices- All Flavors	≤ 8 fl oz.	≤ 12 fl oz.		
Martinellis	100% Pure Apple Juice	≤ 8 fl oz.	≤ 12 fl oz.		X
Minute Maid	100% Juice- Apple, Fruit Punch, Apple White Grape, or Mixed Berry	≤ 8 fl oz.	≤ 12 fl oz.	X	X
Motts	100% Apple Juice	≤ 8 fl oz.	≤ 12 fl oz.	X	
Naked Juice	Naked Juice: Green Machine, Mighty Mango, or Strawberry Banana	N/A	10 fl oz		
Ocean Spray	100% Juice- Grapefruit, Cranberry, Ruby Red Grapefruit, Cranberry or Pomegranate	≤ 8 fl oz.	≤ 12 fl oz.	X	
Pepsico	G2 Gatorade – All Flavors	N/A	12 oz.		
Sam's Choice	100% Juice- Apple Juice Punch Blend, White Grape	≤ 8 fl oz.	≤ 12 fl oz.	X	
Simply Orange	100% Juice- All Flavors	≤ 8 fl oz.	≤ 12 fl oz.		
Seneca	100% Apple Juice	≤ 8 fl oz.	≤ 12 fl oz.	X	
Sunsweet	100% Prune Juice	≤ 8 fl oz.	≤ 12 fl oz.	X	
Switch	Sparkling 100% Juice - Fruit Punch, Hardcore Apple, or Kiwi Berry	8.3 fl oz	8.3 fl oz		
Tummy Ticker	100% Juice- Apple	≤ 8 fl oz.	≤ 12 fl oz.	X	
Treetop	Fresh Pressed Juice	≤ 8 fl oz.	≤ 12 fl oz.		
Treetop	100% Apple Juice	≤ 8 fl oz.	≤ 12 fl oz.	X	X
Treetop	100% Juice Assorted	≤ 8 fl oz.	≤ 12 fl oz.		X
Tropicana	100% Juice- Apple, Fruit Punch, or Orange	≤ 8 fl oz.	≤ 12 fl oz.	X	X
Welch's	100% Juice - Apple, Grape, White Grape, White Grape Cherry, White Grape Peach, White Grape, Blueberry Kiwi, or Strawberry Kiwi	≤ 12 fl oz	≤ 12 fl oz		
Welch's	100% Fruit Shot - Grape, Raspberry Lime, Strawberry Mango, or White Grape Passion Fruit	1 can (5.5 fl oz)	1 can (5.5 fl oz)		
Welch's	100% Juice- Grape, White Grape, White Grape Cherry, White Grape Peach, White Grape Blueberry Kiwi, Strawberry Kiwi	≤ 8 fl oz.	≤ 12 fl oz.	X	
All Brands	Milk- Lowfat 1%, or Fat Free (Flavored milk MUST be Fat Free)	≤ 8 fl oz.	≤ 12 fl oz.	X	X
All Brands	Milk Alternative- Reduced Fat Enriched-Rice, Nut or Soy (Plain only, No Flavors)	8 fl oz. or less	8 fl oz. or less		
All Brands	100% Juice (Product Must State 100% Juice)	≤ 8 fl oz.	≤ 12 fl oz.	X	X
Water	Pure Water, No Added Artificial Sweetener and/or Caffeine	Any Size	Any Size	X	X

Yogurt/Cheese/Smoothies

Manufacturer	Name/Description	Serving Size	Wal-Mart	Costco
Activia	Reduced Fat, Low Fat, or Greek Yogurt- All Flavors	1 container (113g)		
Buddy Fruits	100% Smoothie Squeeze Pouch – All Flavors	1 pouch (90g)		

Chobani	Champions Tube-All Flavors	1 Tube		
Chobani	Fruit on the Bottom Greek Yogurt - all flavors	170 g		
Chobani	Low Fat Yogurt- All Flavors	6 oz (170g)	X	
Chobani	Non-fat Yogurt- All Flavors	6 oz (170g)	X	X
Cool Squeeze	Squeezable Yogurt	1 tube – 2.25 oz.		
Dannon	Danimals- Yogurt Smoothies	1 bottle- 3.1 fl oz.	X	
Dannon	Light & Fit	6oz (170g)	X	
Dannon	Oikos- Fruit on the Bottom (Non-fat)	5.3oz (150 g)	X	
Dannon	Oikos Non-Fat Greek Yogurt - all flavors	5.3 oz (150 g)		
Fage	Total 0%- Fat Free Yogurt	1 container (6 oz)	X	X
Frigo	Light String Cheese	1 stick (28 g)	X	
Frigo	Light Variety String Cheese	1 stick		
Great Value	Light- Non-fat Yogurt- All Flavors	6 oz	X	
Great Value	Lowfat Yogurt- All Flavors	6 oz	X	
Health Valley	Fruit Yogurt Smoothie Pouch- Strawberry Banana, Pear Mango	1 pouch (4.2 oz)	X	
Jamba Juice	All Fruit and Fruit & Veggie Smoothies	8 oz.		
Kirkland	Lowfat Yogurt- Peach and Blueberry	8 fl oz.		X
Kraft	Live Active 2% Milk Marbled Colby & Monterey Jack Cheese Stick	1 stick (28g)	X	
Kraft	Mozzarella Cheese String- 2% milk	1 stick	X	
Kroger	CowPals Light – All Flavors	1 stick		
Kroger	Greek Non- Fat and Lite Yogurt – All Flavors	6 oz (170g)		
Kroger	The Truly Awesome Low-fat Yogurt Tube	1 tube		
LaLa	Yogurt Smoothies – Strawberry	1 bottle (7 oz.)		
Liberte	Nonfat Greek Yogurt- All Flavors	5.3 oz	X	
Lucerne	Light String Cheese	1stick		
Lucerne	Low-fat Yogurt Tubes – All Flavors	1 tube (64g)		
Lucerne	Part-Skim Mozzarella String Cheese	1 stick		
Lucerne	Reduced Fat 2% Sharp Cheddar Cheese Stick	1 stick		
Lucerne	Reduced Fat Yogurt	8 oz. or less		
Plum Kids	Organic Yo'Drops Crunchable Yogurt- All Flavors	1 pack (7g)		

Plum Kids	Yogurt Mashups- All Flavors	1 pouch (90g)		
Precious	String Cheese	1 stick (28g)	X	X
Precious	Stringsters Reduced Fat String Cheese	1 stick		
Safeway Brand	Kids Yogurt –All Flavors	1 pouch or cup		
Sargento	Light String Cheese	1 stick		
Sargento	Reduced Fat- Colby Jack, Cheddar, Sharp Cheddar	1 stick	X	
Sargento	String Cheese	1 stick	X	
Stoneyfield	YoKids- Lowfat Yogurt- All Flavors	1 container (4 oz)	X	
Stoneyfield	YoKids Squeezers Organic Lowfat Yogurt- All Flavors	1 tube (56g)		
The Laughing Cow	Babybel Light	1 piece		X
The Laughing Cow	Cheese Wedges Light- All Flavors	1 wedge	X	X
Yoplait	Go Big Yogurt - all flavors	1 tube - 4 oz		
Yoplait	GoGurt- Portable Low Fat Yogurt- All Flavors	1 tube (64g)		
Yoplait	Gogurt Protein- Portable Low Fat Yogurt- All Flavors	1 tube (64g)	X	
Yoplait	Greek 100- All Flavors	5.3oz (150g)		
Yoplait	Light Yogurt- All Flavors	6oz	X	X
Yoplait	Original Yogurt- All Flavors	6oz	X	X
Yoplait	Pro-Force Protein Yogurt For Kids- All Flavors	1 container (3.5 oz)	X	
Yoplait	Reduced Fat Yogurt- All Flavors	8 fl oz or less	X	X
Yoplait	Simply GoGurt- Portable Low Fat Yogurt- All Flavors	1 tube (64g)	X	X
Yoplait	Trix Yogurt - Wildberry & Cotton Candy	113 g		
Yoplait	Yoplait Kids Yogurt- All Flavors	1 container	X	
Weight Watchers	String Cheese	1 stick	X	

(* If selling perishable food items such as ice cream, yogurt and milk you are required to have a Riverside County Health Department License)

Cereal/Breakfast Bars

Manufacturer	Name/Description	Serving Size	Wal-Mart	Costco
CLIF	Kid Zbar - Iced Oatmeal only	36 g		
Fiber One	Streusel Bar- Strawberry or Blueberry ONLY			
General Mills	Cinnamon Toast Crunch Cereal Bar (not milk n cereal bar)	1 bar (1.42 oz)		

General Mills	Cocoa Puffs Cereal Bar	1 bar (1.42 oz)		
Kashi	Soft Baked Cereal Bars- Ripe Strawberry	1 bar (35g)	X	
Kellogg's	Nutri-Grain Cereal Bars- All Flavors	1 bar (37g)	X	X
Kellogg's	Nutri-Grain Soft Baked Cereal Bars - all flavors	1 bar (37 g)		
Kellogg's	Special K Cereal Bar- Red Berries, Chocolate Pretzel	1 bar		X
Kellogg's	Special K Bar- 90 Calorie Vanilla Crisp, Strawberry, Chocolate Drizzle	1 bar (22g)	X	
Plum Kids	Organic Jammy Sammy- All Flavors	1 bar (29g)		
Quaker	Soft Baked Bars- Banana Nut Bread, Cinnamon Pecan Bread ONLY	1 bar (42g)	X	X
Quaker	Variety Pack Bars- Strawberry Crisp, Apple Crisp & Mixed Berry Crisp Bars	1 bar (37h)		
Safeway	Eating Right High Fiber Chewy Bars- All Flavors	1bar (40g)		
South Beach Diet	Protein Fit- Cinnamon Raisin, Peanut Butter	1 bar (35g)		

Granola Bars

Manufacturer	Name/Description	Serving Size	Wal-Mart	Costco
Cascadian Farm	Organic Chewy Granola Bar- Fruit & Nut Bar	1 bar (35g)	X	
CLIF	Kid Zbar- Chocolate Chip, Honey Graham, Iced Oatmeal, Chocolate Brownie	1 bar (36g)		X
CLIF	LUNA fiber- All Flavors	1 bar (40g)		
Funley's Delicious	Wholly Granolly Clusters, Double Chocolate Chip	1 pack (28g)		
Great Value	Crunch Oats & Honey	2 bars (42g)	X	
Kashi	Chewy Granola Bars – Honey Almond Flax, Trail Mix, Peanut Butter	1 bar (35g)		
Kashi	Chewy Granola Bars- Oatmeal Cookie, Peanut Butter Chocolate Chips	1 bar (35g)	X	X
Kashi	Chewy Granola Bars - Peanut Peanut Butter or Honey Almond Flax only	35 g		
Kroger	Chewy Granola Bars – Oatmeal Cookie, Peanut Butter, Chocolate Chip	1 bar (35 g)		
Nature Valley	Chewy Trail Mix Bar	1 bar (35g)	X	X
Nature Valley	Crunch Granola Bar – Oats N Honey, Peanut Butter, Cinnamon	2 bars (42g)		
Quaker	Chewy Granola Bar- All Flavors	1 bar (24g)	X	X
Quaker	90 Calorie Chewy Granola Bar- All Flavors	1 bar (24g)	X	
Quaker	25% Less Sugar Chewy Granola Bar- All Flavors	1 bar (24g)	X	
Safeway Kitchens	Chewy Granola Bars –Oatmeal & Raisin, S'mores, Chocolate Chip, Chocolate & Peanut Butter Chips, Variety Pack	1 bar (24 g)		
Sunbelt	Crunchy Oats & Honey Granola Bars	1 bar (29g)	X	

Frozen Fruit Bars

Manufacturer	Name/Description	Serving Size	Wal-Mart	Costco
Blue Bell	Fruit Bars- All Flavors	1 bar	X	
Blue Bunny	Sweet Freedom No Sugar Added Fudge Lites	1 bar (45 g)		
Dryer's	No Sugar Added Fruit Bars- Black Cherry, Strawberry Kiwi, Mixed Berry, Strawberry, Tangerine, Raspberry	1 (51g)	X	
Dryer's	Outshine Fruit Bars and Coconut Water	1 bar		
Fruttare	Fruit Bars- All Flavors			
Fudgsicle	Fat Free-No sugar added	1 bar (65 g)		
Fudgsicle	100 Calorie Bar	1 bar (65g)		
Healthy Choice	Premium Fudge Bars	1 bar (3 oz)		
Kona Ice	100% Juice	2 oz.		
Kroger	No Sugar Added Fruit Bars - Variety Pack	1 bar		
Otter-Pops	100% Juice Fast Freeze Juice Bars	1 pop (1oz)	X	X
Simple Truth	Greek Yogurt Frozen Bars- All Flavors	1 bar		
Skinny Cow	Bars-all flavors-caramel, cookies & cream, fudge, chocolate	1 bar		
Skinny Cow	Cones-All flavors	1 cone		
Skinny Cow	Ice Cream Sandwiches-all flavors	1 sandwich		
Swiss Miss	Fudge Bars – 97% Fat Free	1 bar (3oz)		
TCBY	Frozen Yogurt On The Go – All Flavors	1 pouch (60g)		
Weight Watchers	Fudge bars-Giant latte	1 bar		

California Competitive Food Standards Compliance Calculator can be found at www.CaliforniaProjectLean.org

Many of these items may not be available at all grocery stores. To offer students more variety we recommend working with a distributor

Smart Snack Distributors

A&R Food Distributors	1765 W. Penhall Way, Anaheim, CA 92801	(714) 777-7742
Gold Star Foods	3781 E Airport Dr, Ontario, CA 91761	(800) 540-0215
Driftwood Dairy	10724 E. Lower Azusa Rd. El Monte, CA. 91731-1390	(800) 864-MILK
Rich's Ice Cream	http://www.richicecream.com/	

Smart Snack Compliant Products/ Vendors/Food Trucks

Juice It Up Temecula	39848 Winchester Rd, Temecula CA 92591	(951) 395-5903
Organic Juice and Bowls		(949) 769-4123

***** Nutrition & Wellness does not maintain a list of allergens for the approved foods list. Therefore, individual schools and providers must pay careful attention to the ingredient labels of purchased products for student consumption.**

Individual schools are responsible for maintaining product documentation including:

*** Ingredient and nutrition labels of each product sold or served.**

*** Approval of produce from the Alliance for a Healthier Generation Smart Snacks Calculator.**

Smart Snacks in Schools Standards FAQ

1. What are Smart Snacks?

Smart Snacks are nutrition standards established by the USDA as part of the Healthy, Hunger Free Kids Act of 2010 and became effective July 1, 2014. The standards apply to all foods sold and served on school campuses during the school day.

2. What is the definition of the school day?

The USDA defines the school day as the period from midnight the night before, to 30 minutes after the end of the official school day.

3. What is the definition of the school campus?

The USDA defines the school campus as all areas of the property under the jurisdiction of the school that are accessible to students during the school day.

4. What campus events are impacted by Smart Snacks standards?

The standards pertain to all campus food sales and foods distributed at campus events during the defined school day. Individual classroom parties, evening, and weekend events are excluded. Classroom parties are defined as a party confined to a single classroom. Common areas (libraries, cafeterias, auditoriums, gymnasiums, and fields) are not considered a single classroom.

5. What foods meet the USDA Smart Snacks standards?

The Nutrition & Wellness department has compiled a list of foods that meet the standards.

If you would like additional information about Smart Snacks standards, please visit <http://www.fns.usda.gov/healthierschoolday/tools-schools-smart-snacks>.